



केंद्रीय आयुर्वेदीय विज्ञान अनुसन्धान परिषद्

आयुष मंत्रालय, भारत सरकार
जवाहर लाल नेहरू भारतीय चिकित्सा एवं होम्योपैथी अनुसन्धान भवन
61-65, साम्प्रतिक क्षेत्र, सम्मुख 'डी' ब्लॉक, जानकपुरी, नई दिल्ली-110058
CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES
Ministry of Ayush, Govt. of India
Jawahar Lal Nehru Bhartiya Chikitsa Evam Homoeopathy Anusandhan Bhawan
61-65, Institutional Area, Opp. 'D' Block, Janakpuri, New Delhi-110058

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File No. HQ-EDC02/2/2025-EDC/9097

Dated: 28 FEB 2026

ORDER

Sanction of the Director General, CCRAS is hereby accorded for the award of studentship for the research proposals received from the following student(s) at **Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Barkhedi Kalan, Bhadbhada Road, Bhopal-462044, Madhya Pradesh**, under Studentship Programme for Ayurveda Research Ken (SPARK-4.0) for 2025-26 Session as following details:

Sl. No.	Name of the Student & SPARK ID	Year	Name of Guide, Designation & Department	Title of the Research Proposal
1.	Ashita SPARK/2024/11542/3661	1 st	Dr. Ishwar Pratap Singh Raghuwanshi Assistant Professor Dept. of Ayurved Samhita & Siddhanta.	Impact of Prakriti (Body Constitution) on Circadian Rhythm (The Body's Internal Biological Clock) And Sleep Quality — A Cross-Sectional Survey Study.
2.	Abhishek Gondure. SPARK/2024/11707/3664	2 nd	Dr Prafulla Math Professor Dept. of Agad Tantra.	To Evaluate the Antimicrobial Activity of Novel Dhupanagada w.r.t Ashtangasangraha & Sushrut Samhita.
3.	Purvi Mishra. SPARK/2024/11181/3085	2 nd	Kirtidhara Behera Assistant Professor Dept. of Rasashashtra & Bhai'shajya Kalpana.	Pharmaceutical & Analytical Study of Saubhagyasunthi Paka-A Unique Ayurvedic Formulation in Biscuit Form.

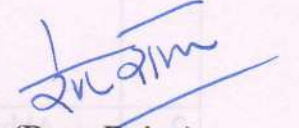
2. All enrolled students under SPARK-4.0 (2025-26) shall follow the timeline available in "SPARK" website (i.e. <https://spark.ccras.org.in/>) and shall have to submit their monthly progress report for April 2026 and May 2026 through SPARK Portal (<https://spark.ccras.org.in/login/>) with their concerned login credential within the first week of next month i.e. from 01/04/2026 to 07/04/2026 and from 01/05/2026 to 07/05/2026 respectively.

3. CCRAS institutes may be approached by the guide/student for any technical guidance in formulation and execution of research proposals.

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4. The value of the studentship will be Rs.25,000/- per month for two months duration (Total Rs.50,000/- only) and is meant to be stipend for the students. The amount will be paid through the College/Institute, only after completion of research work and approval of final report on submission to CCRAS through SPARK Portal (<https://spark.ccras.org.in/login/>) with their concerned login credential. Cost of research shall be borne by the concerned Institute/Ayurveda Medical College where research is conducted and the student is studying.
5. A certificate will be issued and posted to the office of the concerned Principal/ Director/ Dean/ Registrar on satisfactory completion of the project and acceptance and approval of the final report by the competent authority.
6. The Account details of the College/Institute provided with the Acceptance letter shall be utilized for e-transfer of the amount of Studentship after declaration of final result of award of SPARK-4.0 (2025-26).
7. Health Assessment tools and Prakriti Assessment tools as developed by CCRAS, may be utilized for their Research work as per need.

Encl.: As above.



(Renu Rajan)

Administrative Officer (Estt.)
For Director General

To,

**The Principal
Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital,
Barkhedhi Kalan, Bhadbhada Road,
Bhopal-462044, Madhya Pradesh**

Copy to:

1. **Dr. Ishwar Pratap Singh Raghuwanshi**, Assistant Professor, Dept. of Ayurved Samhita & Siddhanta, Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Barkhedhi Kalan, Bhadbhada Road, Bhopal-462044, Madhya Pradesh, for kind information through e-mail.
2. **Ms. Ashita**, Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Barkhedhi Kalan, Bhadbhada Road, Bhopal-462044, Madhya Pradesh, for kind information through e-mail.

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3. **Mr. Abhishek Gondure**, Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Barkhedī Kalan, Bhadbhada Road, Bhopal-462044, Madhya Pradesh, for kind information through e-mail.
4. **Ms. Purvi Mishra**, Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Barkhedī Kalan, Bhadbhada Road, Bhopal-462044, Madhya Pradesh, for kind information through e-mail.
5. **Sr.PS to DG** for information to DG, CCRAS.
6. **PA to DDG**, CCRAS, New Delhi, for information to DDG, CCRAS.
7. **PA to D.D.(Admn.)**, CCRAS, New Delhi, for information to DD(A), CCRAS.
8. **Dr. Pratap Makhija**, A.D (Ay.), CCRAS, New Delhi, for information.

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For Director General